

WESTGATE CHAMBERS

Sarah Taite

Barrister



"Sarah is my go to advocate. She has a first-class rapport with clients – putting them at ease and calmly managing their anxieties. Sarah's robust representation of her clients really sets her apart. Her manner and court craft continues to show that she is truly a skilled advocate."

"I know that because you broke everything down for the client in accessible language, it made the client feel comfortable, heard and understood. You brought the human element and compassion to the case. You treated the client with respect and compassion and made 'x' feel "not judged".

In 2022, the [Legal 500](#) praised Sarah and commented that she is "Really approachable, extremely helpful, even in between hearings. She has a good knowledge of mental health issues and is really good with clients and sympathetic to their situations. She is an extremely experienced and knowledgeable counsel."

Sarah is a Family Law specialist who is regularly instructed on complex cases.

Care Proceedings

Sarah is instructed on cases that surround, the death of children and non-accidental injury, sexual abuse, FII.

Private Law/Child Arrangements

Sarah is regularly instructed on cases with an international element as well as cases that involve coercive control and parental alienation.

Prior to being called to the Bar, Sarah qualified in Mental Health nursing. This means Sarah is highly adept at sensitively handling people, including those with mental health, social or communication difficulties and is particularly skilled in guiding vulnerable clients and their families through every stage of their court proceedings.

Year of Call: 2008

Core Practice Areas:

Family, Private Law, Care Proceedings

**WESTGATE
CHAMBERS**

9 Pavilion Parade,
Brighton,
East Sussex
BN2 1RA

Telephone
01273 480510

Email
staite@westgate-chambers.co.uk

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Sarah has specific expertise in cases involving:

- Non-Accidental Injuries and Death of children
- Fabricated and Induced Illness
- Mental health and/or children with Autistic and other developmental disorders
- International issues
- SGOs/Grandparents
- Parental Alienation
- Coercive and controlling behaviour and domestic abuse

Direct Access

Sarah also accepts instructions under the Direct Access Scheme, and therefore is able to represent clients directly on cases that are suitable.

Seminars

Sarah provides several seminars per year to Solicitor clients. You can find more information on the seminars that Sarah has provided, [here](#).

Achievements, appointments and memberships

- Ranked in the 2024 edition of The Legal 500
- FLBA/ICCA trained in cross examination of vulnerable witnesses
- BA (Hons) first class
- BVC (very competent)
- DipHE (mental health)
- South Eastern Circuit
- Sussex Bar Mess
- Successfully climbed Kilimanjaro in aid of Breast Cancer Kent in 2023